

# Christian Prayer for Healing and Strength

Heavenly Father,

I come to You in need of Your healing touch and renewing strength.  
You are the Lord who heals, restores, and makes all things new.

Lord, You know every pain, every weakness, and every burden I carry.  
I surrender my body, mind, and spirit into Your loving hands.  
Lay Your healing hand upon me and upon those I love.

Fill me with Your strength where I feel weak.  
Fill me with Your peace where I feel anxious.  
Fill me with Your hope where I feel discouraged.

Jesus, You are my Healer, my Refuge, and my Rest.  
Calm my thoughts, steady my heart, and refresh my soul.  
Let Your resurrection power work in every part of my life.

Thank You, Lord, for hearing my prayer.  
Thank You for the healing and strength You are already bringing into my life.

I trust in You completely.

In Jesus' mighty Name I pray,  
Amen.