



Vitamin E for Acne prone Skin

How to Treat Acne Better

common and direct method using pure Vitamin E oil

soothing inflammation.

Vitamin E can be used in many different ways

Best Methods and Tips

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Vitamin E for Skincare



Tighten Skin



Nourishes Skin



Brighten Skin



Prevent Acne

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Skincare Essential for Acne Prone Skin

Gentle Cleanser

A gentle, non-comedogenic cleanser is essential for removing dirt, oil, and impurities without stripping the skin's natural oils or causing irritation.

Exfoliant

Regular exfoliation is crucial for acne-prone skin to remove dead skin cells that can clog pores and contribute to breakouts.

Oil-Free Moisturizer

It's a common misconception that acne-prone skin doesn't need moisturizing. However, using a lightweight, oil-free moisturizer is essential to keep the skin hydrated and balanced without clogging pores.

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Acne Treatment

Your skin will be

Gentle Cleansing

Sun Protection

Moisturize



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HOW TO USE VITAMIN E

• Suitable for All Skin Types

• Brightens Skin Tone

• Nourishment

• Deep Moisturization

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Acne-Prone Skin

Hairline

- Hair wax
- Hair gel
- Pomade

Forehead/Nose

- Stress
- Haircare product
- Touching with unclean hand

Cheeks

- Dirty pillow case
- Dirty makeup brushes
- Cellphone on cheeks

Eyebrow Acne

- Make up
- Haircare product
- Water Intake

Ears

- Due to and product
- Bacteria

Jawline

- Hormonal
- Diet

Neck

- Haircare product

